

IBS DAYS

New insights for a better management of irritable bowel syndrome

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New insights for a better management of irritable bowel syndrome

Congress Chair

Giovanni Barbara, Italy

Scientific Committee

Vincenzo Stanghellini, Italy (Chair)

Topics

Rome IV criteria

Epidemiology, cultural and environmental factors
Diagnosis and differential diagnosis
Clinical phenotypes (IBS-C, IBS-D, IBS-M, pain, bloating)

Biomarkers

Overlap with other conditions

Gut-brain axis

Stress and psychological comorbidity

Epithelial barrier and permeability

Bile acids

Non-celiac gluten sensitivity

Post-infection IBS

Microbiota

Neuro-immune interactions

Hot off the press topics

Management

Placebo, precebo and nocebo

Diet, FODMAPS, gluten, functional foods

Probiotics

Non absorbable antibiotics

Secretagogues

Opioid modulators

Serotonin receptor modulators

New therapeutic perspectives

PLANNING

Organizing Secretariat

Planning Congressi Srl Via Guelfa, 9 - 40138 - Bologna (Italy) E-mail: m.gorgoglione@planning.it

Mobile: +39-338-2264367 Fax: +39-051-309477

Phone: +39-051-300100 ext. 134