# Review article: the treatment of genotype 1 chronic hepatitis C virus infection in liver transplant candidates and recipients

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#### **SUMMARY**

# Background

Recently, the therapeutic landscape with regard to anti-HCV therapy has changed dramatically. The new directly acting anti-virals (DAAs) have demonstrated improved sustained virological response (SVR) compared with pegylated-interferon and ribavirin.

### Aim

To examine and present the latest data with regard to anti-viral therapy in genotype 1 HCV-positive transplant candidates and recipients.

### Methods

An electronic search using Medline was performed. Search terms included 'HCV, DAA and protease inhibitor' in combination with 'treatment pre-transplantation' and 'treatment post-transplantation'.

### Results

Patients with advanced fibrosis and cirrhosis have inferior SVR rates compared with patients with minimal fibrosis. A low accelerating dose regimen (LADR) of pegylated interferon and ribavirin (PR) appears to be a safe therapeutic option. Side effects also appear to be more pronounced in patients with advanced disease. Data from the large registration studies with triple therapy (boceprevir or telaprevir plus PR) demonstrated improved SVR rates even in patients with advanced disease, although virological relapse rates were highest amongst these patients. In transplant recipients, initial data are being reported on the use of triple therapy, and although no SVR data are available, promising results are accruing. The drug—drug interactions appear to be manageable. Side effects in particular anaemia appear to be markedly increased in the post-transplant setting.

### Conclusions

The use of the new DAAs in patients with advanced fibrosis/cirrhosis pretransplant and posttransplant appears possible, with manageable side effects and drug—drug interactions, and improved early virological response rates. We recommend that these patients are managed in centres with the appropriate expertise.

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### **INTRODUCTION**

Hepatitis C virus (HCV) infection is a global epidemic and a leading cause of chronic liver disease. Data from the World Health Organisation (WHO) estimate that 3–4 million individuals are infected with HCV every year. Currently, chronic HCV is the leading cause of death from liver disease and the leading indication for liver transplantation (LT) in the United States and Western Europe. 3–5

Spontaneous clearance of HCV post-LT is rare and re-infection of the liver allograft is universal in individuals with HCV viraemia at the time of transplantation. Compared with other aetiologies, patient and graft survival rates are inferior due to progressive fibrosis driven by HCV recurrence.<sup>6, 7</sup> Several strategies have therefore emerged to help improve outcomes post-LT including optimal donor, recipient and immunosuppression selection. Another potential strategy is exposure to anti-viral therapy (AVT) pre-LT for those on the transplant waiting list to achieve an undetectable HCV viral load at the time of LT.<sup>8</sup>

This review addresses treatment of HCV in patients with advanced fibrosis or cirrhosis who are transplant candidates, and transplant recipients posttransplant in genotype 1 patients. We highlight important predictors of response, the increased side effect profile and the increasing experience of the use of the new protease inhibitors and directly acting anti-virals (DAAs) both pre- and posttransplant.

### SEARCH STRATEGY AND SELECTION CRITERIA

We searched Medline (1 Jan 1966 to 1 September 2012) with the search term 'HCV and protease inhibitor' in combination with 'treatment pre-transplantation' and 'treatment post-transplantation'. Publications were reviewed by DJ and KA, and were selected predominately from the last 5 years. Given the rapidly evolving landscape with regard to the newer DAAs, we also included abstracts from recent conferences. Older seminal publications were not excluded. Reference lists of articles identified by this search strategy were reviewed. Our reference list was also modified on the basis of comments from peer reviewers.

### PRE LIVER TRANSPLANT

Treatment in patients with advanced fibrosis and cirrhosis

Virological response rates are lower in patients with cirrhosis; sustained virological response (SVR) rates ranging

between 40% and 50% for Child-Pugh (CP) class A and between 7 and 26% for CP class C. Poorer SVR rates are also evident in genotype 1 and 4 patients compared with genotype 2 and 3 patients with advanced fibrosis (51% vs. 61%) and cirrhosis (33% vs. 57%). A marked step-wise reduction in SVR is apparent according to fibrosis stage in genotype-1 patients; no fibrosis (70%) vs. cirrhosis (10%), P < 0.0001. Irrespective of viral genotype, a rapid virological response (RVR) remains the strongest on treatment predictor of SVR. Although data from the IDEAL study would suggest that treatment with either PEG-IFN alpha 2a or 2b is equally efficacious, more recent data would suggest hypo-responsiveness to PEG-IFN alpha 2b and ribavirin in patients with cirrhosis. Although 2b and ribavirin in patients with cirrhosis.

Treatment of patients with CP-A and early CP-B (score 7) disease can result in attenuation of disease progression, development of hepatocellular carcinoma and potentially end in clinical remission with avoidance for the need for LT altogether. The aim of treating patients with advanced fibrosis or cirrhosis who are listed for LT is to potentially allow the patient to enter transplantation with an undetectable HCV viral load and therefore reduce the chance of recurrence posttransplantation. The latter observation was based on the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) Liver Transplant Database study, which demonstrated that patients with lower titres of HCV ( $<1 \times 10^6$  viral copies/mL) before transplantation had improved mortality and graft survival. 15 Current EASL guidelines 16 are shown in Table 1. Patients who are listed for LT based on HCC who are not undergoing local-regional therapy should also be considered for AVT. AVT is poorly tolerated in patients with

**Table 1** | European Association for the Study of the Liver (EASL) guidelines for treatment of chronic hepatitis C virus infection in patients with cirrhosis 16

Child Pugh – A

Strongly consider treatment

Strongly consider use of growth factors

Indicated in patients whom indication for liver transplantation is hepatocellular carcinoma

Child Pugh – B

Treatment offered on individual basis

Recommend use of Norfloxacin prophylaxis in patients with ascites

Low accelerating dosing regimen recommended Strongly consider use of growth factors

 $Child\ Pugh-C$ 

Treatment contraindicated

advanced fibrosis/cirrhosis and can precipitate hepatic decompensation. Long-term, maintenance therapy with PEG-IFN in patients with advanced fibrosis or cirrhosis who fail to achieve an SVR with conventional therapy is currently not advocated. <sup>17, 18</sup>

# Treatment on the transplant waiting list

Initial data with the use of interferon (IFN) mono-therapy in small cohorts of patients demonstrated that AVT was feasible in cirrhotic patients albeit with an increased side effect profile.<sup>19–22</sup> Studies evaluating the role of AVT in patients with cirrhosis and undergoing liver transplantation are summarised in Table 2.

Patients who present with a living donor represent an ideal patient group in whom AVT can be timed so that ideally these patients enter transplantation with an undetectable HCV viral load. Given the poorer tolerability of AVT amongst cirrhotic patients and the possibility of hepatic decompensation, the concept of a low accelerating dose regimen (LADR) was introduced.<sup>8</sup> An LADR essentially involves commencing patients on reduced doses of pegylated interferon (PEG-IFN) and ribavirin (PR) and then incrementing doses every 2 weeks to achieve maximally tolerated or target standard doses.

A recent multi-centre, randomised study further evaluated the efficacy and safety of pretransplant AVT for the prevention of HCV recurrence posttransplant.<sup>23</sup> Although this study was not limited to genotype 1 patients only, a total of 59 patients listed for either living donation or HCC with MELD exception underwent treatment with an LADR and were compared with 20 untreated patients. A total of 57 patients subsequently underwent transplantation (44 treated and 13 controls): 26 (59%) treated patients had undetectable HCV RNA at the time of transplant with 11 (42%) patients demonstrating HCV RNA negativity 24 weeks posttransplant; 13 (50%) patients subsequently relapsed posttransplantation. Predictors of an undetectable HCV RNA 12 weeks posttransplantation included PR treatment duration >16 weeks, but not viral genotype. No increase in serious adverse events (SAEs) was noted in treated group (68% vs. 55%, P = 0.3), although the number of SAEs per patient was higher (2.7 vs. 1.3, P = 0.003).<sup>23</sup>

### Side effects

Data available would suggest a significant side effect profile in patients with advanced fibrosis or cirrhosis undergoing AVT.<sup>8, 19–22</sup> Side effects are more common in patients with CP class C and MELD >18. In addition, dose reductions are more common in patients with

 $\vdash$ post successful liver transplantation HCV RNA negativity 6/20% 4/20% 12/26% 10/20% negative at time of transplant (n) HCV RNA 6 12 15 15 26 2 who subsequently underwent **Fransplanted** 3 30 20 47 43 44 G1: 11/13% Non-G1: Non-G1: 57/46% C virus-related cirrhosis G1: 26/30% EOTR n (%) 15/29% 9/30% 12(60)5/33  $27 \times SAE$ 7 × sepsis effects (n)  $26 \times SAE$  $4 \times death$  $28 \times SAE$  $4 \times death$  $20 \times SAE$  $1 \times death$  $15 \times SAE$ chronic hepatitis Duration (months) 3–12 14 6-12  $\sim$ PEG-IFN + R (LADR) with R (LADR) patients PEG-IFN + R Anti-viral IFN + R therapy FN + -H N H N .⊑ treatment **Treated** 3 30 20 124 15 59 21 of anti-viral screened Total (H 122 50 32 Studies Thomas et al., 2003 Everson et al., 2005 2012 Carrion et al., 2009 Crippin et al., 2002 2003 Everson et al., 7 al., Table orns et

sustained end of treatment response; SVR, FN, interferon; R, ribavirin; PEG-IFN, pegylated interferon; LADR, low accelerating dose regimen; SAE, serious adverse advent; EOTR, virological response; LT, liver transplantation; G1, genotype 1.

Negative HCV RNA

at the time of liver transplantation.

cirrhosis. The development of neutropenia, thrombocytopenia along with anaemia is common, necessitating dose reductions in both PR doses, although the majority of tolerability issues relate to the pegylated interferon component. A retrospective case—control study also demonstrated an increased incidence of bacterial infections particularly in CP-B and -C patients undergoing AVT (17 vs. 3 episodes, P = 0.002).<sup>22</sup> In the same study, an increased incidence of spontaneous bacterial peritonitis in patients undergoing AVT not receiving norfloxacin prophylaxis was also demonstrated.<sup>22</sup> The incidence of hepatic decompensation in patients with compensated cirrhosis is between 0% and 3%, although these data may be an underestimation due to patient selection within clinical trials.<sup>24–26</sup>

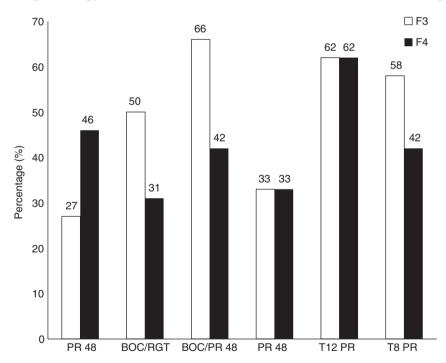
# Triple therapy; protease inhibitor + pegylated interferon and ribavirin

In 2011, the first generation of protease inhibitors (PI), boceprevir and telaprevir, were released and approved for patients with genotype 1 HCV disease only. Boceprevir is a linear peptidomimetic keto-amide serine protease inhibitor that reversibly binds to the HCV nonstructural 3 (NS3) active site whilst telaprevir inhibits the NS3/4A HCV protease.<sup>27, 28</sup> Triple therapy (PI + PR) is now

regarded as standard of care for genotype 1 patients. Overall SVR rates in treatment-naïve patients were increased significantly to between 68% and 75% and in previously treatment-experienced patients to between 59% and 88%.<sup>29–33</sup>

# Protease inhibitors in treatment-naïve genotype 1 patients with advanced fibrosis or cirrhosis

The SPRINT-2 (serine protease inhibitor therapy 2) trial was a phase III study conducted in treatment-naïve patients using boceprevir.<sup>29</sup> A total of 1097 patients were included, 100 patients (9%) having either advanced fibrosis (n = 47) or cirrhosis (n = 53). All patients received a lead-in of PR for 4 weeks before being randomised into 3 groups: Group 1, PR for 44 weeks; Group 2 (responseguided therapy group, RGT), boceprevir and PR for 24 weeks (those with detectable HCV RNA between 8 weeks and 24 weeks received PR for further 20 weeks); and Group 3, boceprevir and PR for 44 weeks. Overall, SVR rates were higher in the boceprevir treatment groups in particular amongst patients with minimal fibrosis, although a benefit was evident in patients with either advanced fibrosis or cirrhosis (Figure 1). Relapse rates were, however, higher amongst patients with advanced fibrosis or cirrhosis compared with patients



**Figure 1** | Sustained virological response rates with Boceprevir and Telaprevir in treatment-naïve genotype-1 patients with chronic hepatitis C infection with advanced fibrosis and cirrhosis. PR, pegylated interferon and ribavirin; BOC/RGT, boceprevir with response-guided therapy; T12, telaprevir 12 weeks; T8, telaprevir 8 weeks; F3, fibrosis stage 3; F4, fibrosis stage 4 (cirrhosis). *Modified from Poordad et al.*<sup>29</sup> and Jacobson et al.<sup>30</sup>

with minimal fibrosis (12–18% vs. 9%). The absence of cirrhosis was identified as a baseline predictor of SVR with boceprevir and PR (OR: 2.5, 95% CI: 1.4–4.6, P=0.003). On treatment, viral kinetics remained an important predictor of SVR; RVR (undetectable HCV RNA at week 8) allowed shortened treatment duration amongst patients with minimal fibrosis only. An RVR, however, was less common amongst patients with advanced fibrosis or cirrhosis. In conclusion, the authors recommended that treatment-naïve patients with advanced fibrosis or cirrhosis should receive a fixed duration of therapy (boceprevir and PR for 48 weeks in total).  $^{29}$ 

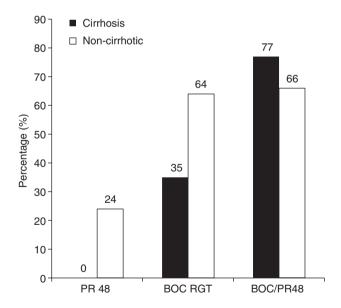
The ADVANCE study evaluated the efficacy of telaprevir in addition to PR in 1088 patients. 30 Patients were again randomised to 3 groups: group 1, PR for 48 weeks; group 2, telaprevir and PR for 12 weeks followed by 12 weeks of PR (if HCV RNA negative at weeks 4 and 12) or PR for 36 weeks if HCV RNA was detectable at week 4 or week 12); and group 3; telaprevir and PR for 8 weeks and then placebo and PR for 4 weeks followed by either 12 or 36 weeks of PR. SVR rates were significantly higher in those who received telaprevir and PR compared with PR alone. This remained true also amongst patients with advanced fibrosis and cirrhosis (Figure 1). The ILLUMINATE study, which included 540 patients, aimed to establish the role of an extended RVR (eRVR; HCV RNA negative at weeks 4 and 12) in guiding treatment duration.<sup>33</sup> An eRVR was less frequent amongst patients with advanced fibrosis and cirrhosis. Patients who received telaprevir for 12 weeks and PR for 48 weeks who achieved an eRVR had better SVR rates (94%, 11 from 12) compared with those who received telaprevir for 12 weeks and PR for 24 weeks (62%, 11 from 18) who had also achieved an eRVR. Therefore, treatment-naïve patients with advanced fibrosis undergoing triple therapy with telaprevir should receive 48 weeks of treatment.

# Protease inhibitors in previously treated genotype 1 patients with advanced fibrosis or cirrhosis

The RESPOND-2 study evaluated the use of boceprevir in previously treated patients.<sup>31</sup> An important observation to be made is that only responder-relapsers and partial responders (more than  $2\log_{10}$  IU/mL decrease in HCV RNA level from baseline at 12 weeks of therapy, but detectable HCV RNA at weeks 12–24) were included. Null responders (less than  $2\log_{10}$  IU/mL decrease in HCV RNA level from baseline at 12 weeks of therapy) were not included. Patients were once again

randomised to either PR alone, boceprevir and PR (RGT group) or boceprevir and PR (fixed duration group). Overall SVR rates were increased in the boceprevir receiving groups by 42% compared with PR alone in patients with F3/F4, and by 44% in patients with minimal fibrosis.<sup>31</sup> Improved SVR rates were observed amongst cirrhotic patients compared with noncirrhotic patients who received boceprevir and PR for 48 weeks (Figure 2). Relapse rates were once again higher amongst patients with advanced fibrosis or cirrhosis compared with those with minimal fibrosis (21% vs. 11%).

The REALIZE trial included previously treated patients including previous null responders.<sup>32</sup> Groups were similar to the ADVANCE study. SVR rates were considerably higher amongst those who received telaprevir compared with PR alone across all fibrosis stages; 75% vs. 22% minimal fibrosis, 47% vs. 10% cirrhosis. Previous responder relapsers who received telparevir had the highest SVR rates compared with previous partial responders and null responders (Figure 3). Relapse rates were highest amongst cirrhotic patients once again, especially amongst those with previous partial response or null response.



**Figure 2** | Sustained virological response rates with Boceprevir in treatment-experienced patients with chronic hepatitis C infection (cirrhotic vs. noncirrhotic). PR 48, pegylated interferon and ribavirin 48 weeks; BOC/RGT, Boceprevir and PR response-guided therapy; BOC/PR 48 weeks, Boceprevir and pegylated interferon 48 weeks. *Modified from Bacon et al.*<sup>31</sup>

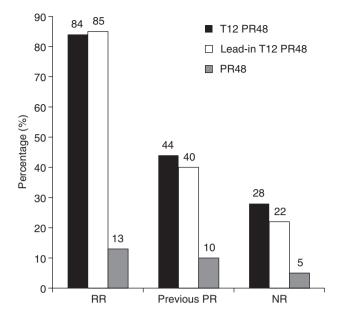


Figure 3 | Sustained virological response rates with Telaprevir in treatment-experienced patients with chronic hepatitis C infection with advanced fibrosis/cirrhosis according to previous treatment response. T12 PR48, telaprevir 12 weeks + pegylated interferon and ribavirin 48 weeks; PR 48; pegylated interferon and ribavirin 48 weeks; RR, responder relapse; PR; partial responder; NR, null responder. *Modified from Zeusem et al.*<sup>32</sup>

Data from the CUPIC (Compassionate Use of Protease Inhibitors in Viral C Cirrhosis) cohort have demonstrated a higher rate of serious adverse events (49% telaprevir; 38% boceprevir) and a high rate of discontinuation due to severe adverse events (15% telaprevir; 7% boceprevir) compared with phase III trials.<sup>34</sup> Grade 2 anaemia (HB 8.0 to <10.0 g/dL) occurred in 20% of patients receiving telaprevir and in 23% receiving boceprevir, whilst grade 3/4 anaemia (HB <8.0 g/dL) occurred in 10% of patients on telaprevir or boceprevir. EPO was required in nearly two-thirds of patients receiving either telaprevir or boceprevir. However, despite the increased side effect profile, the interim analysis on an intention-to-treat basis demonstrated high rates of virological response after 16 weeks of treatment [71% (177/ 251) of patients on telaprevir and 61% (89/146) patients had undetectable HCV RNA].34 A further study in 20 patients who were awaiting liver transplantation with the use of predominately telaprevir demonstrated that 44% had undetectable HCV viral load at 4 weeks rising to 71% at 12 weeks.<sup>35</sup> Triple therapy was discontinued early in 25% of patients with 10% decompensating on treatment.35

### Side effects with telaprevir and boceprevir

Common reported side effects with boceprevir included anaemia and dysgeusia (metallic taste), whilst rash was observed in over 50% of patients taking telaprevir. Side effects to PIs appear to be more common amongst patients with cirrhosis.<sup>29–33</sup> Anaemia should be managed initially by a reduction in the ribavirin dose.<sup>36</sup> A nested study within a randomised trial of genotype 1 HCV treatment-naïve patients demonstrated that ribavirin dose reduction or the addition of EPO led to similar SVR rates in patients receiving Boceprevir (71% SVR in both groups).<sup>37</sup> The development of anaemia (HB <10 g/ dL) in fact appears to be a positive predictor of SVR with boceprevir only.<sup>38</sup> The dose of telaprevir or boceprevir should not be reduced or stopped and then restarted. In addition, telaprevir and boceprevir should not be continued as mono-therapy without PR.

At present, there are minimal data on the use of triple therapy and the safety in patients with evidence of borderline decompensated disease or HCC is unknown. The use of triple therapy in patients with cirrhosis remains high risk especially in those with evidence of decompensation. Several deaths have been reported even with dose reductions and close monitoring mainly related to severe infection associated with more advanced cirrhosis (low albumin levels) and diabetes. We recommend early referral and evaluation for liver transplantation in cirrhotic patients being considered for triple therapy. The use of prophylaxis against spontaneous bacterial peritonitis in patients with ascites and borderline liver function or portal hypertension should be considered.

### POST LIVER TRANSPLANT

HCV recurrence post-LT is influenced by a combination of donor, recipient, viral and immunosuppression factors. Overall, fibrosis rates are accelerated compared with patients pretransplant, resulting in cirrhosis, graft loss and consideration for re-transplantation. Fibrosing cholestatic hepatitis (FCH) is a rare but severe, aggressive form of HCV recurrence. FCH is associated with a rapid progression to graft failure. Although AVT has been used in patients with FCH, reported outcomes are poor. At present, AVT remains the only viable therapeutic strategy, which can alter fibrosis progression. The benefits of achieving an SVR are clear; improvement in liver fibrosis, lower probability of decompensation and a lower cumulative mortality post-transplantation.

Two principal strategies have been adopted: preemptive treatment and treatment following evidence of

histological recurrence. The current 'standard of care' in the posttransplant period is PR for 48 weeks irrespective of viral genotype.

### Preemptive treatment

Preemptive treatment of HCV recurrence post-LT is commenced immediately posttransplantation and is based on the hypothesis that virological recurrence is universal in all patients. The obvious advantages with this strategy are that HCV RNA levels will be at their lowest and liver fibrosis will be minimal.

Studies to date that have adopted this treatment strategy are both limited and heterogeneous (genotype 1 and nongenotype 1 patients), some using interferon-alpha mono-therapy, whilst others have used pegylated interferon-alpha in combination with ribavirin. 54-58 Two randomised, prospective studies that used interferonalpha mono-therapy, beginning 2 weeks after transplantation, clearly demonstrated that those treated were less likely to develop a recurrent hepatitis than patients who were not treated.<sup>54, 55</sup> Neither study, however, was able to demonstrate any survival benefit in patients who received interferon treatment. In a study of 36 patients, using both interferon-alpha and oral ribavirin for 12 months, the authors were able to demonstrate HCV-RNA clearance in 12 patients (33%).<sup>56</sup> An important observation made by this study was that HCV-RNA clearance was more likely to be achieved by those with lower baseline HCV RNA levels.

More recent studies have used PR and demonstrated SVRs between 8% and 18%.<sup>58, 59</sup> Although the SVR rates were considerably lower than those previously reported, the key message from one of these studies was that preemptive AVT was only applicable in 51% of patients and the desirable >80% treatment dose and >80% treatment duration was only achieved by a small number of patients (14%).<sup>58</sup> Cytopenias, especially anaemia, postoperative complications and severe debilitation relating to the severity of illness pretransplantation all limit the applicability of AVT.

### Treatment of established hepatitis C recurrence

Studies assessing the efficacy of AVT once histological evidence of hepatitis C recurrence has been established are more numerous and reflect the preferred setting to commence anti-HCV therapy. The reasons for this seem to be multifactorial: a recuperated patient with less comorbid or postsurgical concerns, reduced risk of acute cellular rejection, better graft function and lower doses of immunosuppression. Earlier studies that evaluated this

strategy reported SVR rates of between 12% and 24% with pegylated interferon mono-therapy and PR.<sup>59, 60</sup> In both studies, however, there was a wide variation in median time from transplantation to treatment (6–96 months) and grade of baseline fibrosis demonstrating the heterogeneity of the patients groups.

Most centres institute AVT once histological evidence of HCV is established, usually more than 12 months posttransplantation. To establish the optimal timing of when to begin treatment, one study attempted to extrapolate the experience and success of treating acute HCV in pretransplant cohorts and treat patients in the posttransplant period as soon as acute HCV was detected. 61, 62 Inclusion criteria included persistent ALT elevation, HCV-RNA positivity, histological evidence of lobular hepatitis consistent with recurrent HCV and no evidence of acute or chronic rejection, biliary obstruction or ischaemic changes. Twenty-five patients eventually underwent treatment with the interval between LT and histological evidence of HCV recurrence of approximately 4 months. Fourteen patients (58%) had an EOTR and 8 (35%) had an SVR. Although side effects were common, asthenia and muscle pain the most frequent, no patient discontinued his/her interferon treatment.

More recent studies have used PEG-IFN alpha-2b (1.5 mcg/kg) or alpha-2a (180 µg) and ribavirin 800-1200 mg. 52, 60, 62-65 (Table 3). Reported SVR rates for all genotypes range between 8% and 45%.66-68 SVR rates for genotype 1 patients, however, are considerably lower ranging between 13% and 33% only.66 Once again, the study cohorts were heterogeneous with wide variation in the time from LT to the start of treatment and the percentage of patients with advanced fibrosis. 52, 60, 63-65, 69 Treatment appears to be more efficacious when the histological recurrence of HCV is mild; 48% SVR in patients with mild HCV recurrence vs. 19% SVR in patients with severe HCV recurrence.<sup>65</sup> One consistent finding, however, amongst these studies was the numbers of patients who discontinued treatment early, and their poor tolerability. Two studies addressed the potential benefit of long-term maintenance anti-viral therapy, but failed to demonstrate any clear benefit. 70, 71

There is only one prospective, multi-centre randomised study published that has attempted to determine which treatment strategy is better and safest.<sup>72</sup> The PHOENIX (Pegasys and Copegus Administered After Liver Transplantation for Hepatitis C) study conducted in North America reported SVR rates of 22% in the preemptive group, but with discontinuation rates of greater than 40% predominately due to haematological side

-	)							
	Total							
	transplanted (n)*	Treated (n)	N (%) Genotype 1	SVR	Duration of Rx (weeks)	Time to treatment post LT (months)	N (%) with advanced fibrosis	N (%) discontinued secondary to side effects
Dumortier et al., 2004	97	20	16 (80)	45% (9/20)	48	28 (median)	ı	14 (20)
Castells et al., 2005	83	24	24 (100)	1	24	3.8 ± 2.2	1	I
Oton et al., 2006	171	55	50 (91)	G1 – 40%	48 weeks – G1	63 (mean)	18 (33)	13 (24)
				Overall – 44%	24 weeks – G2/3			
Angelico et al., 2007	1	42‡	35 (83)	36%	48	44 (median)	1	12 (29)
						range 12-96		
Carrion et al., 2007	140	81	73 (90)	33% (18/54)	24	15	27(33)	21/54 (40)
Picciotto et al., 2007	123	19	53 (87)	28% (17/61)	48 weeks – G1	25 (median)	28 (46)	8 (15)
					24 weeks – G2	Range 3-131		
Hanouneh et al., 2008	,	53	42 (79)	35% (19/53)	48	15 (median)	10 (19)	14 (26)
SVR. sustained virological response: Rx. treatment: LT. liver	al response. Rx	treatment	IT. liver transpl	transplant: G1. genotype 1.				

VR, sustained virological response; Rx, treatment; LT, liver transplant; G1, genotyl

Total number of patients transplanted during study period. Compared pegylated interferon and ribavirin vs. pegylated interferon role. effects.<sup>72</sup> In the same study, those treated for established recurrence had SVR rates of 21%. This study was unable to delineate which strategy was optimal for the treatment of recurrent HCV infection posttransplantation, primarily due to small study numbers. However, a repeat of this study with the addition of the DAAs may be able to establish the optimal treatment strategy but may also reveal significant tolerability issues.

The overall poorer SVR rates reported in patients posttransplant for HCV are likely due to a combination of factors: (i) the high percentage of patients with genotype 1 disease, (ii) high percentage of patients with a previous poor response to AVT, (iii) higher baseline HCV viral loads, (iv) increased incidence of side effects leading to significant dose reductions or discontinuation, (v) the interaction with immunosuppression and (vi) the lack of use of growth factors to support bone marrow function.

### Predictors of sustained virological response

Predictors of SVR can be divided into pre-treatment variables and on-treatment variables. Pre-treatment factors associated with an SVR include a low baseline HCV viral-load, HCV RNA <800 000 IU/mL, younger recipient age, nongenotype 1 disease, shorter length between LT and commencing treatment, donor age <50 years, low baseline bilirubin levels and mild fibrosis<sup>64, 66–69, 73</sup> (Table 4). On-treatment predictors include an EVR and a RVR.

The IL-28B genotype has also been evaluated in the posttransplant setting. A4, A5, 74, 75 The favourable CC (rs12979860) and TT (rs8099917) genotypes are both associated with SVR (P < 0.005). Both recipient and donor IL-28B genotype have been evaluated with

**Table 4** | Pre-treatment and on-treatment predictors of sustained virological response post liver transplantation with pegylated interferon and ribavirin

1 1
Pre-treatment
Low baseline HCV viral load (<800 000 IU/mL)
Younger recipient age
Younger donor age
Nongenotype-1 disease
Shorter duration between liver transplantation and
anti-viral treatment
Mild fibrosis ( $F < 2$ )
rs12979860 IL28B CC genotype
On-treatment
Rapid virological response (RVR)
Early virological response (EVR)

one study suggesting a more dominant role for the donor IL-28B genetic polymorphisms on treatment outcome.  $^{45}$ 

Available data suggest that the use of ciclosporin over tacrolimus is associated with an increased chance of SVR (RR: 2.0, CI: 1.2–3.5, P = 0.02) and a reduced risk of relapse (RR: 0.4, CI: 0.2–0.9, P = 0.02). <sup>76, 77, 77, 78</sup> Suggested mechanisms include the direct anti-viral effect of ciclosporin demonstrated *in vitro* and the inhibition of NS5B binding to cyclophilin B. <sup>79, 80</sup> Results from ReViSTC study demonstrated that the use of ciclosporin (RR: 1.972, P = 0.02) and a longer treatment duration of AVT (RR: 1.2, P < 0.001) were predictive of a SVR. <sup>76</sup>

# Directly acting anti-viral agents post liver transplantation

The use of DAAs in the posttransplant setting in patients with genotype 1 HCV disease has been limited. Early pharmacokinetic data tempered expectations in the LT group. Data on the use of telaprevir in healthy volunteers resulted in a significant increase in ciclosporin (5-fold) and tacrolimus levels (70-fold) due to the inhibition of the P450 3A cytochrome. Drug—drug interactions remain a significant clinical issue. In patients with genotype 2/3 disease, we would recommend the use of PR according to their virological response and kinetics.

A recent study reported their experience with the use of boceprevir in 5 patients post-LT. A 50% reduction in ciclosporin dose and up to 80% reduction in tacrolimus dose were required, steady levels being achieved by 4 days. Follow-up was limited to treatment week 12, but all patients achieved a virological response ( $\geq 2$  log drop) during this time. Anaemia was the commonest side effect with all patients requiring erythropoietin. Although the numbers are small, this study demonstrates 'proof of concept' that the newer DAAs can be used safely with encouraging virological response rates.

Individual centres are now reporting their experience with the use of the new protease inhibitors in the post-transplant period. Switching patients to ciclosporin appears to be common due to smaller variations in dosing although tacrolimus levels appear to be manageable also. The use of a lead in phase even with telaprevir appears to be gaining popularity in the post-transplant period as it allows the clinician to make an assessment of tolerability. The number of patients being treated by these individual centres is small; and at present, only early virological response data are reported (EVR and RVR data). No SVR data are currently available, but early reported viral responses seem promising.

At present, the data are based on mono-centric experiences and specific recommendations are difficult to make. Furthermore, no data are currently available regarding the development of viral resistance and its impact in the posttransplant period. A phase IIIb study of the use of telaprevir (REPLACE) in stable, noncirrhotic liver transplant patients with genotype 1 disease is currently on-going and recruiting. 92

Case reports are also emerging of the use of the newer DAAs in the posttransplant period. A recent publication reported the successful use of Daclatasvir (NS5A complex inhibitor) in combination with PR in a patient who had undergone re-transplantation following the development of FCH. <sup>93</sup> In the said case, the patient with genotype 1b disease only received a total of 24 weeks of daclatasvir and PR and remained HCV RNA-negative 32 weeks after treatment cessation. The same group has also reported the use of daclatasvir in combination with GS-7977 (a NS5A polymerase inhibitor) without the use of PR in a patient with severe HCV recurrence. <sup>94</sup> There is currently an on-going phase 2 study investigating GS-7977 and ribavirin for 24 weeks in patients with recurrent HCV posttransplantation.

### Side effects and tolerance

Reduced tolerability due to fatigue, asthenia, pyrexia and the development of cytopenias, in particular anaemia, is well described. Side effects appear to be more prominent in patients with a severe hepatitis. On multivariate analysis, factors associated with the development of significant anaemia (>5 g/dL) with the use of PR only included estimated creatinine clearance (RR: 0.951, CI: 0.925–0.978, P < 0.001), the use of mycophenolate mofetil (RR: 5.3, CI: 1.4–20.0, P = 0.01), ciclosporin (RR: 3.5, CI: 1.4–8.7, P = 0.008), baseline HCV viral load >600 000 IU/mL (RR: 4.8, CI: 1.7–13.5, P = 0.003) and baseline haemoglobin values (RR: 3.0, CI: 1.9–4.7, P = 0.001).

The use of interferon can be associated with the development of immune-mediated graft dysfunction (IGD) — an umbrella term for acute rejection (AR), chronic rejection (CR) and plasma cell hepatitis (PCH).<sup>68, 97–99</sup> Certainly, in the preemptive treatment approach, concerns following the introduction of interferon so soon after transplantation are due to the risk of precipitating ACR or an episode of sepsis. The development of a PCH is associated with poor outcomes.<sup>97, 100</sup> In a recent study, evidence of a PCH on a pre-treatment biopsy was the most common finding in patients who developed IGD and appears to be an important risk factor for the

development of IGD.<sup>101</sup> Other risk factors for IGD included previously treatment-naïve to IFN-based therapy, use of PEG-IFN alpha - 2a, a high pre-treatment alkaline phosphatase and a reduction in immunosuppression prior to commencing AVT.<sup>101</sup> The risk of ACR precipitated by treatment overall, appears to be low (0–5%).<sup>62, 64</sup>

An increased side effect profile has also been reported with the new protease inhibitors in particular anaemia requiring the combination of ribavirin dose reduction, the use of haematological growth support factors and/or blood transfusion. 82, 83, 86, 87 In one study, 93% of patients required EPO and 14% required blood transfusions.<sup>82</sup> Skin rashes, anorectal complaints and dysgeusia have also been reported. Concerns regarding possible interactions between the protease inhibitors and CNIs led to one study hospitalising all patients prior to the introduction of the protease inhibitors. 82 Fold changes of between 2 and 4 in ciclosporin doses have been reported in contrast to much higher fold changes associated with tacrolimus (20-40)<sup>82, 83, 86, 91</sup> These findings would therefore suggest that ciclosporin dosing maybe easier and less problematic to manage when using telaprevir or boceprevir posttransplantation. Infectious complications, hepatic decompensation and one death secondary to sepsis and multi-organ failure have been reported by one group.<sup>86</sup>

## **CONCLUSIONS**

Treatment of recurrent HCV post-LT begins in the pretransplant period. Although SVR rates in cirrhotic patients with PR are poor, results with the new PIs in combination with PR have already demonstrated encouraging, improved SVR rates. Given the rapidly changing anti-HCV therapeutic landscape and the potential use of interferon-free regimens, SVR rates will undoubtedly continue to improve. Studies are currently on-going investigating the role of DAAs in combination with ribavirin irrespective of viral genotype pretransplant and its direct effect on preventing HCV recurrence posttransplant. 102 These newer pan-genotypic therapies with improved SVR rates and better tolerability will potentially result in fewer HCV patients coming forward as liver transplant candidates and also result in improved mortality and morbidity posttransplantation. Patients with compensated cirrhosis who are listed for liver transplantation should have a trial of AVT. Posttransplantation, patients with established histological evidence recurrence (F  $\geq$  2) should be treated early and aggressively. The use of PIs in posttransplant period appears to be feasible in experienced centres, although meticulous attention towards immunosuppression doses and the development of side effects is required. The next generation of DAAs will undoubtedly continue to improve our SVR rates in the pre- and posttransplant period.

### **AUTHORSHIP**

Guarantor of the article: Dr Kosh Agarwal.

Author contributions: DJ devised, wrote and edited the article. IC edited the article. KA supervised and edited the article. All authors read and approved the final manuscript.

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